



Instruction Sheet for Including the Third Generation

The 3Gs study is a study of breast cancer, but also a study of family health. By inviting your daughter(s) to participate in the 3Gs study with you, we are able to extend the Child Health and Development Studies to the third generation. The CHDS is unique because it looks at family members together in order to study risk factors for disease.

What Your Daughter Will Be Asked To Do

If your daughter would like to be included in the in-person visit with you, we will ask her to provide the same measurements and samples included as part of your visit: blood pressure, height, weight, and waist size measurements, and a blood, urine and saliva sample. Her samples will be stored for future studies.

Your Daughter's Age

At this time, we can only include daughters age 9 or older in the 3Gs study..

- § ***If your daughter is under age 18***, please follow the instructions below for explaining the visit. You and your daughter will both be asked to sign her consent form, letting us know we have both your and her permission to include her in the study.
- § ***If your daughter is 18 or older***, she is old enough to legally provide her own consent. With your permission, we will contact her to explain the study, answer her questions, and ask if she would like to participate. Of course, talking to your daughter yourself would be helpful.

Instructions for Including Daughters under age 18

We are asking you to explain to your daughter what participation in the 3Gs study means. Please review the consent form with her. Below are some suggestions for discussing the content of the consent form.

§ Risks and Benefits

Discussing the possible risks and benefits with your daughter is important. You may explain the risk of the blood draw as feeling like a pinch. Your daughter may not benefit directly from the study, but information we obtain from the samples and measurements she gives will provide scientists with information about the health of girls her age.

§ Purpose of 3Gs

The 3Gs study is an extension of the CHDS, a study of family health. Including new generations is important to understanding how risk and protective factors for disease may pass from one generation to the next. If your daughter participates, we may contact her for future studies related to 3Gs or the CHDS.

§ Her decision to participate

Participation in the 3Gs study is voluntary. The decision to participate in 3Gs is up to your daughter, though you will need to provide your permission if she would like to participate. She may participate in all or some of the home visit activities. If she participates, her information will be kept strictly confidential. No names or identifying information will be on study materials or biological samples.

What to do if your daughter has questions you can't answer

You or your daughter may call the 3Gs staff at 510-649-6390 or 877-482-0264 with any questions regarding her participation.