



Three Generations Study Fact Sheet

The Three Generations Study

A research study is a way to learn information about something. We would like to find out more about family health, how the world around us affects our health and about health problems that women have. Our study is called the Three Generations because your grandmother participated in it while she was pregnant with your mom and your mom is participating now. Granddaughters like you are very important because now researchers can study girls your age.

What will happen if I participate?

Your mom will set up an appointment with a woman from our study team. The appointment will take about an hour.

As part of the study, we will:

1. Measure your blood pressure, how tall you are, how much you weigh, and the size of your waist. These are called measurements.
2. Collect three tubes of blood, a tube of your spit, and a small cup of your urine. These are called samples.



What are my choices?

The choice to be in the study is up to you. You can do some or all of the activities. You don't have to do anything you don't want to do. When the woman from our study comes to the appointment, she will ask your permission before the appointment starts. She will have you write your name on a form that tells us we have your permission. Your mom will sign one too.

Will I Get Anything for Helping the Study?

You will receive \$50 to make up for the time you spend in the visit.



Will anyone know I am in the study?

If you chose to participate in the study, your name and other things we ask will be kept secret by study staff. Each person in the study is given a special number and only this number will be used on the tubes and the paper that has your height and other information on it. Only special staff at our project can use the samples, measurements, and the information that you tell us.

**Including girls your age is important to the 3Gs study.
We look forward to including you!**